

KPCH

KINNING PARK CARE HOME NEWSLETTER NOV 20 – JAN 21



We appreciate you!

We are very close to having visitors back at Kinning Park and the residents are very, very ready to see you all!

Thank you for your cards, flowers, phone calls and Zoom calls to the residents. It really does make their days brighter.

Many thanks to those who dropped in gifts and cards for the staff. Everyone had been working very hard to ensure your loved ones feel safe and happy. The staff thank you for thinking of them too during this long year.



It's Christmas!!!

DO YOU WANT TO BUILD A SNOWMAN??

Some of the residents were brave enough to get wrapped up in their winter woolies and build a snowman in the garden. For those who were not keen to come outside, our wonderful snowman could be seen from the lounge window for everyone to enjoy.

The instigator of the snowball fight will not be named for confidentiality purposes but know it got lots of laughs!



LET'S SEE YOUR PICTURES OF YOUR SNOW PEOPLE!

Winter Bakes and Yummy Treats

(Get in my belly!)

HOME BAKING IS STILL A BIG HIT!



A favourite activity!

WE BAKE, WE EAT!

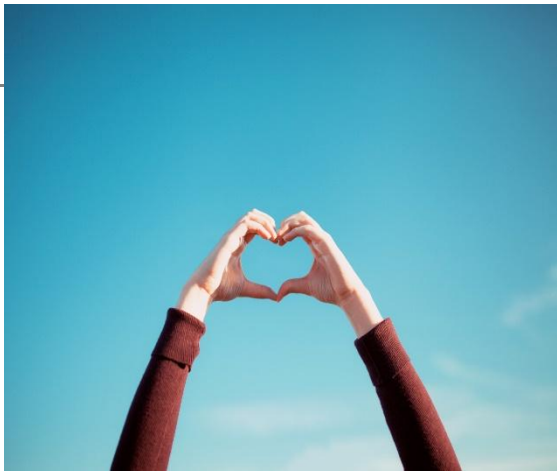
THE HOME BAKING ACTIVITY IS STILL ONE OF THE MOST LOVED ACTIVITIES OF THE WEEK AT KINNING PARK.

OVER THE WINTER MONTHS WE HAVE MADE FROSTY FINGERS (PICTURED LEFT), APRICOT AND RASPBERRY JAMMY BISCUITS AND DECORATED GINGERBREAD HOUSES.

MEG THE ACTIVITY COORDINATOR PRINTS OFF INSTRUCTIONS FOR THE BAKES. THESE ASSIST THOSE WHO ARE HARD OF HEARING OR NEED A REMINDER OF EACH STEP AND STAFF ASSIST WHEN REQUIRED WHICH MEANS LOTS OF RESIDENTS CAN TAKE PART.

BIG THANK YOU TO THE FAMILY WHO DONATED A CLOOTIE DUMPLING FOR THE RESIDENTS! IT WAS ENJOYED BY EVERYONE. ALTHOUGH THE CREAM V'S CUSTARD DEBATE CONTINUES!

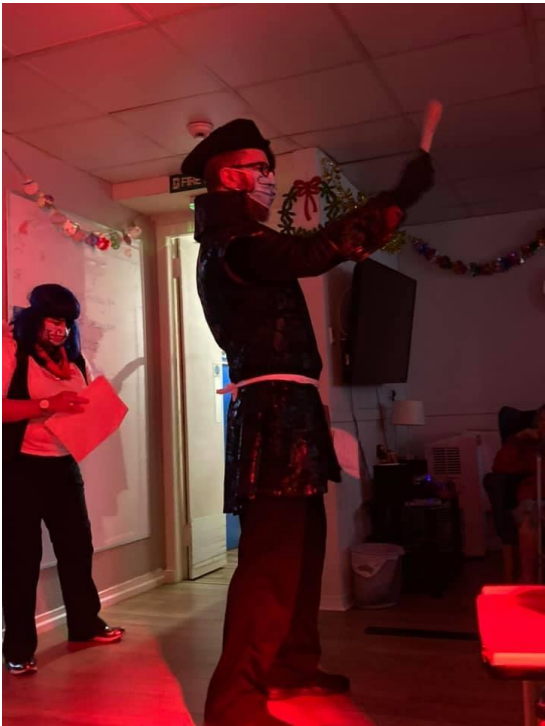
Thank you to all the staff who know baking is not their strong point but give it a go anyway! You are the Give It A Go Bakers!



Kinning Park Extra Special Staff

Our staff at Kinning Park have worked through some of the toughest times we will ever face. Their commitment to providing an excellent and compassionate service has been evident to see over the last year. The care team came together for carol singing, balloon tennis, online shopping for gifts, dancing and of course THE PANTOMIME!

It was our privilege to make Christmas as special as we could!



PAUL PAN – THE BOY WHO COULDN'T FLY!

But he was very brave!

This was our very first year of the staff pantomime and it'll be back next year due to popular demand!

I'm so glad those who watched on Zoom had a good time. It was excellent seeing how much fun you were having in your Christmas jumpers and glasses!

SMILING BEHIND MASKS!!



NO ACTOR WAS HURT DURING THIS PERFORMANCE!



BACK IN TIME....

Past events

DREW AND TARYN

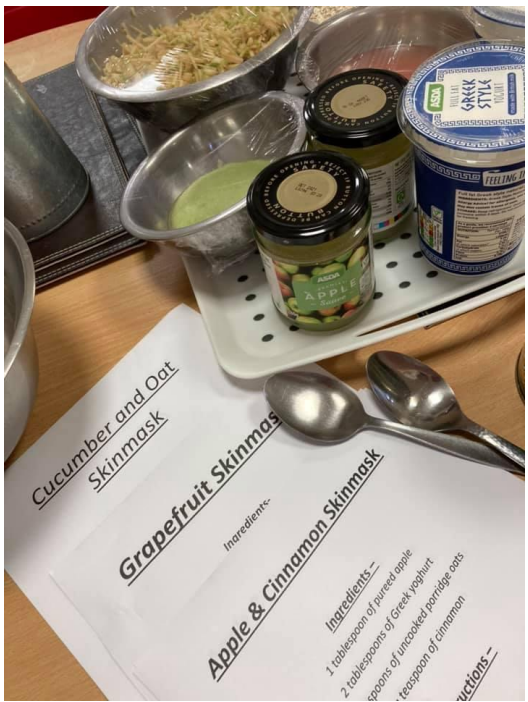
Back in September 2020, two of our lovely residents had a joint birthday party and Drew, our maintenance man gave both ladies & residents a wonderful gift. Drew and his wife Taryn are Tango dancers & teachers! Drew & Taryn came to the care home & did a 3 dance outdoor show for everyone. The birthday girls watched from a distance in the garden & the lounge was turned into a theater so we could watch through the windows!

PANCAKE & PJ DAY!

Home baking was swapped for making homemade facemasks out of porridge oats, applesauce, and cucumber. We looked and smelt amazing once they were removed! All the while, eating pancakes with tasty toppings!

MEG'S CHALLENGE

During the first lockdown in 2020, Meg who loves training with heavy weights at the gym had to swap her training at home. Meg decided to do 100 home workouts & raise money for Alzheimer's Scotland while working full time at KPCH. Meg raised a whopping £510 which was £310 more than expected!





Alzheimer Scotland
Action on Dementia

A massive

THANK YOU to

Meg Smith

for raising an amazing

£510!

Making sure nobody faces dementia alone.



24 HOUR
Dementia
Helpline

Telephone: 0800 9009 3000
Email: helpline@alzscot.org

Alzheimer Scotland - Action on Dementia is a company limited by guarantee, registered in Scotland 240869. Registered office: 100 Dundee Street, Edinburgh EH1 1SD. It is incorporated as a charity by the Office of the Scottish Charity Regulator, no. SC022335.

WHAT’S NEXT AT KPCH....

Future plans and adventures!

VISITING THE CARE HOME!

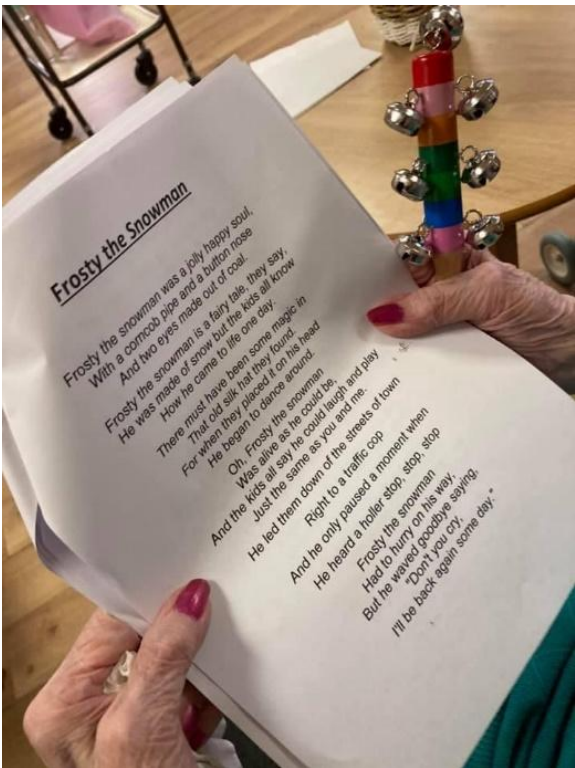
Margaret Rose and Robert are working very hard behind the scenes to make your visit to the care home as seamless as possible. We appreciate your patience while the risk assessments, floor plans etc are being put in place ahead of your visit. These processes are to make your visit as safe as possible for you, your loved ones, and the staff.

Private Activities Facebook Page!

We have plans to invite you to join our private group on Facebook for family members of the residents. This group is to show you all the wonderful activities that that residents enjoy and take part in.

More details and guidelines to follow!

WE HAVE LOTS TO KEEP BUSY WITH.....



The KPCH Singing Group!
Spa afternoons!
Quizzes, Jigsaws, Puzzles!
Home Baking!
Arts & Crafts!
Music Bingo!
Movies & Munchies!
Zoom calls!
iPad games & YouTube!
And much more!

