



Newsletter January 2018

Introduction to Dee! For those of you who haven't met me yet, let me introduce myself. My name is Dee Sinclair and I am the new Activity Co-ordinator at Kinning Park Care Home.

I cut my "activity teeth" in a west end care home, where I got 2½ years' experience, picking up lots of ideas and taking part in lots of training. I also passed a course in "Best Practice in Dementia Care" and gained a level 2 qualification from "NADA" (National Activity Providers Association).

This is my first news letter since taking over from Kevin Hutchison, apparently I have big shoes to fill but I'm going to give it my best shot. I would like to thank everyone who has made me feel so welcome since my arrival in November. The team has been very supportive and I've had a lot of positive feedback so far, it's all appreciated.



Welcome to 2018 We hope everyone had a good Christmas and New Year? Here's hoping 2018 is a good year for everybody! A fun-filled festive season was had by all at Kinning Park and hopefully we will keep the momentum going throughout the coming year.

Christmas Party A big thanks goes out to Sharon and Marion for all their hard work in organising the Christmas party, it was a great success and D.J. Godfrey had everyone up dancing all night to his magnificent party music.



Many thanks also go to the kitchen staff for the wonderful buffet they put on and to everyone who donated raffle prizes and bought tickets for the raffle, which was drawn on the night. The money raised will be used to fund activities and outings.



Pantomime A small group of residents went to see a panto put on and performed by students of Glasgow Clyde College at Langside Campus. It was an adaptation of “The Hobbit” and everyone thought it was a production of epic proportions, especially when the dragon stretched its head and neck right over our heads!

Christmas Coffee Morning We were also invited to a Christmas coffee morning, which was arranged by senior pupils at Bellahouston Academy. They had provided a wonderful selection of sandwiches and cakes along with tea and coffee. We were entertained with a variety of songs and Christmas carols before Santa handed out some wonderful gifts but he made a swift exit when he split his trousers!

Christmas Lunches Several residents donned their glad rags and went to the Ibrox Hospitality Suite for their Christmas lunch. By all accounts the meal was lovely and everyone was pampered and well taken care of.

K.P.C.H. Choir One of the new groups that I’ve set up since starting work here is a small choir. We had rehearsed a variety of Christmas carols and had planned on putting on a performance for the other residents, friends and family, two days before Christmas.

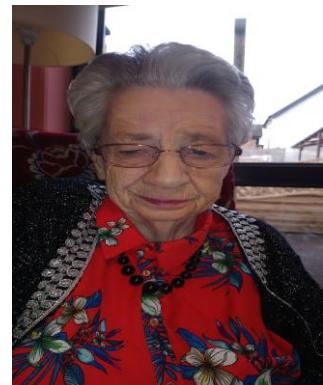
Unfortunately, over half the choir (myself included) were all suffering from ill health and the performance had to be cancelled.

The choir were disappointed but have decided to rehearse a new batch of "Spring and Easter" themed songs and try to have a performance in March.....fingers crossed!?

Christmas Eve Service Several residents were invited to a Christmas Eve service at Kinning Park Parish Church by the Reverend Marnie Johnstone. It was a lovely service and a few of the residents who used to attend this church met some people that they hadn't seen in years.

Entertainment Apart from the outings/trips that we had before Christmas, we've also had several singers and a Bollywood dancer in over the past couple of months to entertain the residents. We also had a Christmas carol concert courtesy of the Kinning Park Parish Church Choir, which went down well and everyone joined in with the songs.

I've already started booking entertainers for the coming months and once the weather improves, we will start getting out and about for walks and trips again.



Building Extension Despite a few hold-ups due to the recent bad weather, the builders working on the three bedroom extension are such hard grafters that it's really taking shape. Hopefully it won't be too long before the work is all complete and the rooms can all get finished and new residents can move in.