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# BLACKPOOL TRIP TOWERS ABOVE ALL THE REST!!

The Residents and staff of Kinning Park Care Home, along with family members and volunteers, were treated to a coach trip for the day to Blackpool.



This trip was made possible by the fund-raising throughout the year, with fantastic support from staff, family and friends. Staff in the home also contributed to a very successful and appreciated bottle raffle, which also helped raise funds towards the day out.

### QUOTES FROM THE RESIDENTS:

'Are we there yet!!!'

"I can't wait to walk along the prom"

"I haven't been there for a long time, and I canny wait"

It was an early start for staff and residents alike, with a hearty breakfast, followed by the ladies getting their hair and make-up done.



Everybody was ready and on board ready to leave at 9am, and were cheered and waved off by some of the remaining staff.

On board the bus the microphone was broken, so that put an end to the karaoke!! But it didn't dampen spirits, and there were sing-alongs to various CDs, and plenty of excited talk about the trip.



*First close up view of the tower from the bus.*

There was a comfort stop at Southwaite services. Once all back on the bus, light snacks and drinks were passed round, which kept everyone going till Blackpool.

On arrival at Blackpool everyone headed for Weatherspoons, and made their way upstairs in a very small lift!! Once seated the food was served very quickly, as we had managed to telephone our order from the bus before arrival. The food and drinks appeared to go down well.



*Eagerly waiting for lunch*

When everyone had finished lunch, we made our way downstairs, and round the corner to the promenade. The promenade was very busy, and the sun was shining.



*This grub ain't half bad!!*

Some of the residents went with their family members, and browsed round the shops. The remaining residents, staff and volunteers made their way along the promenade.

*'Well we've made it, and look at that view, and the weather is not too bad either!!'*

*'I think I'll just have a wee cigarette first'*



The added bonus of walking along the promenade, was that the Blackpool Air Show was in full swing, and as it was a clear sky, the air displays were exciting and not a cloud to spoil the view. There was also a piper, which made everyone feel at home, and prompted a bit of a sing-song. After watching the air show, it was time to go for another walk along the front and take in the views and landmarks, and pose for photographs.



A cafeteria just off the front was the next stop, and teas, coffees and biscuits were welcomed in the sunshine, and a well earned rest for the staff, family and volunteers. The bus station was a short walk away, and everyone boarded the bus and waved goodbye to Blackpool.

On the way home, it was a bit quieter onboard the bus, as there was a lot of snoozing and snoring going on. Everybody was fed and watered again onboard, and there was a lot of full tums!!



The roads were pretty quiet on the way home, and we arrived back around 9.30pm and with everyone off the bus safely, it was a case of lets get the PJs on and off to bed tired and happy.

The day out to Blackpool still has the residents and families talking about how much they enjoyed themselves, and plans are being made for some more fund-raisers throughout the year, and who knows where the Kinning Park Crew will end up next year!!

# Off to the Shops for Shoes

One of our female residents recently enjoyed a wee day out in Glasgow to



return and buy some new shoes.

The staff in the shop couldn't do enough to help, and this made the occasion all the more enjoyable.

After buying slippers as well as getting new shoes, next stop was, as

requested by the Resident, McDonalds for lunch.

After lunch it was time for a quick tour to see the sights and sounds of Glasgow, and some reminiscence about the 'old' Glasgow

*'I remember this area of Glasgow well, as I used to have a shop there'*

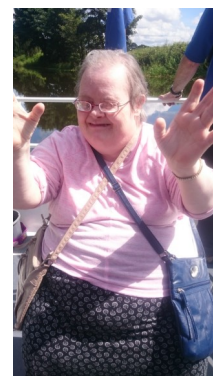
## More trips on the canal

The Residents had another couple of outings with the Seagull Trust in the barges up and down the Forth and Clyde canal.

This was the final two sailings this year for the Residents, and the weather was amazing for the two trips.

Once again the

kitchen staff made up an amazing variety of food for the packed lunch, which was thoroughly enjoyed by all.



## Other Activities

The reminiscence boxes are still proving very popular, and promote plenty of discussion amongst the residents.

Our visits to the Craft Café in Govan continues to be enjoyed by those

participating, and examples of their work can be seen around the home.

Regular sing-a-longs are always popular with the residents, who regularly request their favourite songs.

All the old favourites are

still there—Bingo, Card Games, Dominoes and Floor Games.

