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Come Dine With Me Competition A Veritable Feast of Activities!!

Discussions were made, between other care homes and ourselves, regarding an idea, which was to host an inter-home competition in the style of a 'Come Dine with Me' theme.

In February, the first home to host the competition was Victoria House, our sister home.

The theme of their afternoon was 'Afternoon Tea' and music.



We were welcomed by staff, and shown into a lounge where the afternoon tea was served.



Ashleigh (the Activities Co-Ordinator) had dressed up for us and served

everyone with sandwiches and home-made cakes with tea and coffee.

The Residents all appeared to be socializing and interacting well, as were the staff.

At the end of the afternoon, the visiting homes confided with their residents, and compiled a score out of 10, and sealed it in an envelope, and this was done over the next three homes that were visited, including our own.

The next home to host the competition was Ailsa Craig.

Again we were welcomed and shown into the dining room.



Ailsa had a Scottish theme to their afternoon, and there was Scottish music playing and the room had been decorated with flags and posters.

The Residents were served up with a Scottish tapas selection, followed

by a selection of puddings and teas and coffees.

There was an appearance by two 'old ladies' from the 'Steamie', and this prompted some chat amongst the Residents and a sing-song.



Once again the Residents made some new friends, and appeared to enjoy their new surroundings.

The next home to host the competition was ourselves. After meetings and discussion with the residents, it was decided to go with a black tie affair, with a menu of traditional fayre.

Staff took time to dress our tables with elegance and style, and the bar was well stocked!!



**QUOTES
FROM THE
RESIDENTS:**

"When can we
do this again!!"

"I've met some
really nice new
people".

"The tables
and the food
were lovely".

On arrival the other homes were welcomed and shown to their seats by staff and myself, and offered drinks.

The food and the surroundings appeared to go down well, and staff were very helpful and welcoming, and the kitchen staff worked very hard, and helped to serve up the meal with a smile.



The meal was finished off with teas and coffee along with home-made tablet and macaroons.

The entertainment was a karaoke sing-a-long, and residents and staff joined in, and appeared to have a good time.

The final home to host the event was St. Francis.

They had an 'Irish' themed afternoon.

We were welcomed by staff and again shown to the dining room.

The tables and the room had been decorated with the Irish theme.

Again the residents



made some new friends, and it was another new experience for them of another home.

After the meal, the Residents and staff were shown to a different room, where they were entertained by a gentleman who performed a musical cabaret act.

The votes were counted and the winner was announced by Kevin (Activities Co-Ordinator) with KP, and the prizes were presented.

St. Francis won the



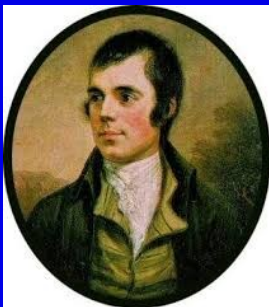
competition, with Ailsa coming in second, Kinning Park third, and Victoria House in fourth.

**AND THE WINNERS
ARE:**



Marie from St. Francis receiving the trophy

An Afternoon of Scottish Music and Robert Burns



At the end of January, the Residents were treated to an afternoon of Scottish music along with some Robert Burns poems and history and interesting facts.

It started off with the haggis being piped in and

paraded round the room.

The haggis was then addressed and toasted by a guest of the singer.

Entertainment was provided by singer Dougie Johnston, who is now becoming a firm favourite with the Residents.

Kevin the Activities Co-Ordinator, read some Poems and facts about Burns throughout the afternoon.

The kitchen provided Scottish snacks as well as drinks, which was greatly enjoyed.

Indoor bowls and Craft Café

In association with Alzeimers Scotland

The residents at Kinning Park received an invitation to come along and participate in some events run by Alzeimers Scotland.

Kinning Park were only too glad to support this venture, as it is a worthwhile cause, and is another change of environment for the residents and an opportunity to meet new faces.

The indoor bowls take place at the sports centre in Castlemilk on



the first and third Wednesday of the month

The craft café is held in Elderpark Community Centre every Wednesday, and we are always made welcome, and there is always a variety of things to do.



The Residents are now saying they are looking forward to Wednesdays, when they can either go out in the minibus to the indoor bowls, or try and make



something or paint something at the craft café. There is also a community café inside the sports centre, where the residents also enjoy a chat with some new faces. On arrival at the Craft Café, the residents are offered tea or coffee and biscuits before creating their masterpieces.



MAIR
NEWS
FOR
YOU

Easter Egg Painting and Rolling Eggs

And Easter Surprise for Residents & Staff!!

Most of the Residents in the home were encouraged and supported by staff and myself to design, paint or colour in their own egg.



This process took the full week leading up to Easter, and the excitement was building up as well.

The scene was set on Easter Sunday afternoon, a long plastic pipe was balanced on the edge of a table, and the Residents were encouraged to stand or sit beside the pipe, and let their egg roll down the pipe and see how far it

went.

Some of the residents chose not to participate, and so nominated someone else to roll their egg for them.

There was great excitement in the room and a lot of laughing, as the eggs rolled down one by one.

Some of the eggs didn't make it very far, and became cracked and put in the first-aid tent!!

There were two eggs which rolled the furthest distance equally, but everyone ended up winners, as prizes were handed out to all.



After all the fun had finished, the residents enjoyed some drinks and a lovely easter cake made by Irene in the kitchen, and it certainly wasn't a cake for weight-watchers!!!

Some of the Residents had also attended the easter service at Kinning Park Church before all the excitement started.

Also for those non-believers, the Residents and staff also received a visit from the 'Easter Bunny' through the week, and this certainly put smiles on faces, and also lots more chocolate!!



Reminiscence Kits

The Residents and staff are also appearing to enjoy the return of the Reminiscence Kits.

Every kit is based on a different subject, and they always provide some good talking points and bring back some fond memories.

Some of the kits involve dressing up, which has provided some good laughs, and the residents also get a chance to touch and feel the items.

Birthdays

We celebrated some birthdays in the last few months, namely Nancy Frew, Raymond Peden, Gertie Gorman, Jessie Adam and Martha Rennie.

We hope all involved enjoyed their special day, and the home-made cakes from the kitchen staff!!

Religious Visits

The Residents at Kinning Park are still enjoying their monthly visits from the local priest Father Ronald, and the local minister Rev. Marnie Johnston.

Father Ronald visited on Ash Wednesday, and revisited at Easter and gave a mass, and Rev Marnie Johnston, held a service, and also had Communion with the Residents who attended.

FORTHCOMING EVENTS

**Fund-raising;
Open Day;
Mini-bus
outings.**

Pet Therapy Visits with 'Alfie' and Lorna

Recently, we arranged with the family of one of our Residents, to bring in their pet labradoodle 'Alfie' for a monthly therapy visit, which has been a big success.

Alfie is now a big favourite with Residents and staff alike, and just loves to pose, do tricks and receive doggy treats from them.

It is a visit that everyone looks forward to.



Seagull Trust Canal Cruise

Another keenly anticipated trip and outing by the Residents, is the sailing up and down the Forth and Clyde Canal on a barge, which leaves from Kirkintilloch, and is about a 2 hour cruise up and down the canal.

There are four planned cruises this year, and hopefully, in December, a very special 'Santa

Cruise', which again is very popular.

The Residents enjoy hospitality once on board, and are served with teas and coffees, and biscuits.

Also our kitchen staff prepare a tremendous packed lunch for the residents, which is also

greatly enjoyed.

There is always plenty to see on the water, and around the banks of the canal, and if the weather is not great, the cabins are centrally heated, and a big sing-song on board keeps everyone going.